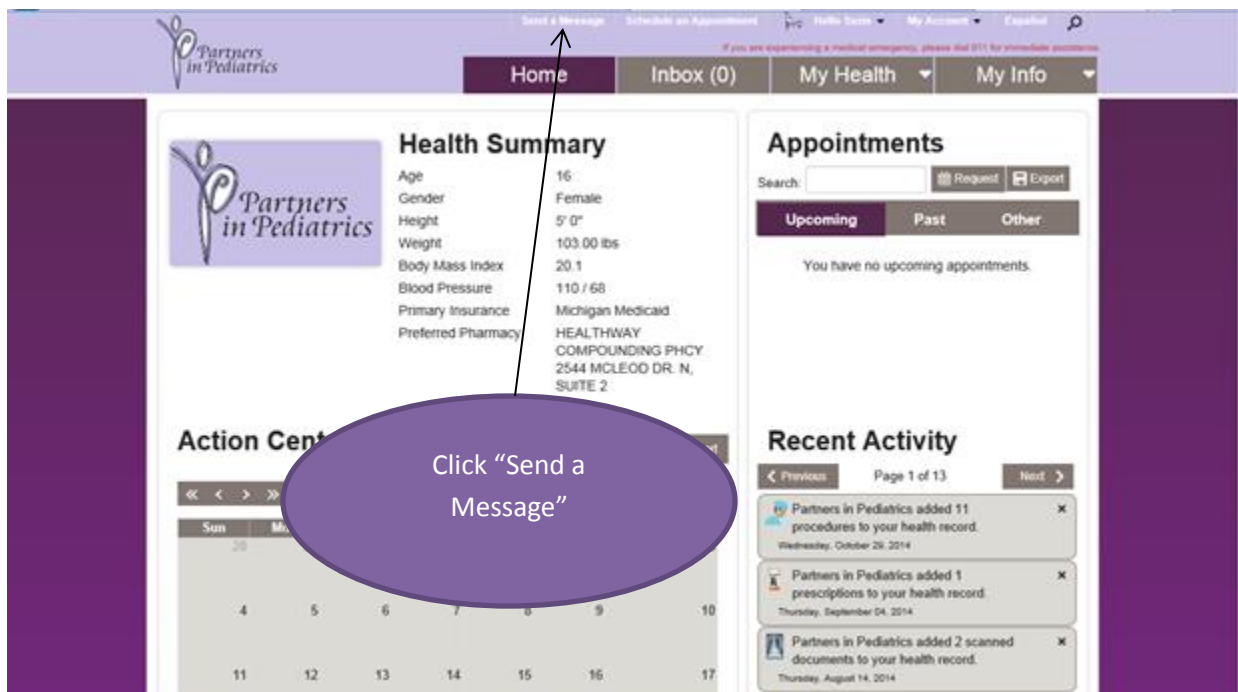
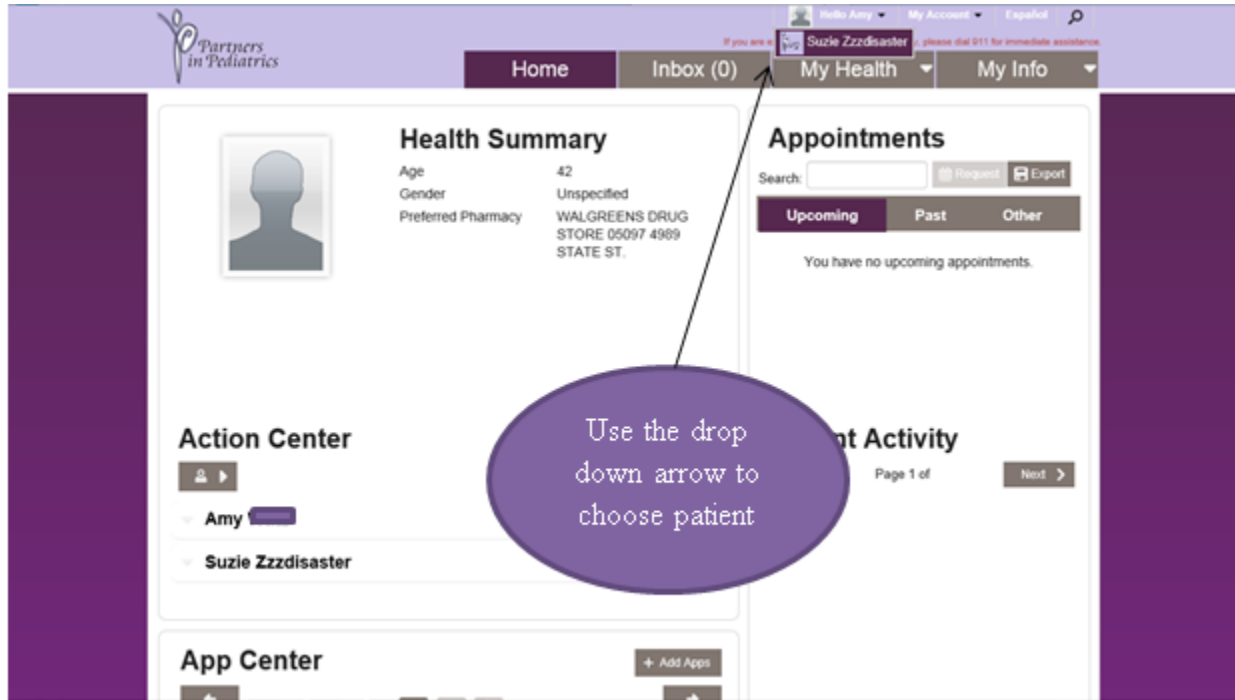
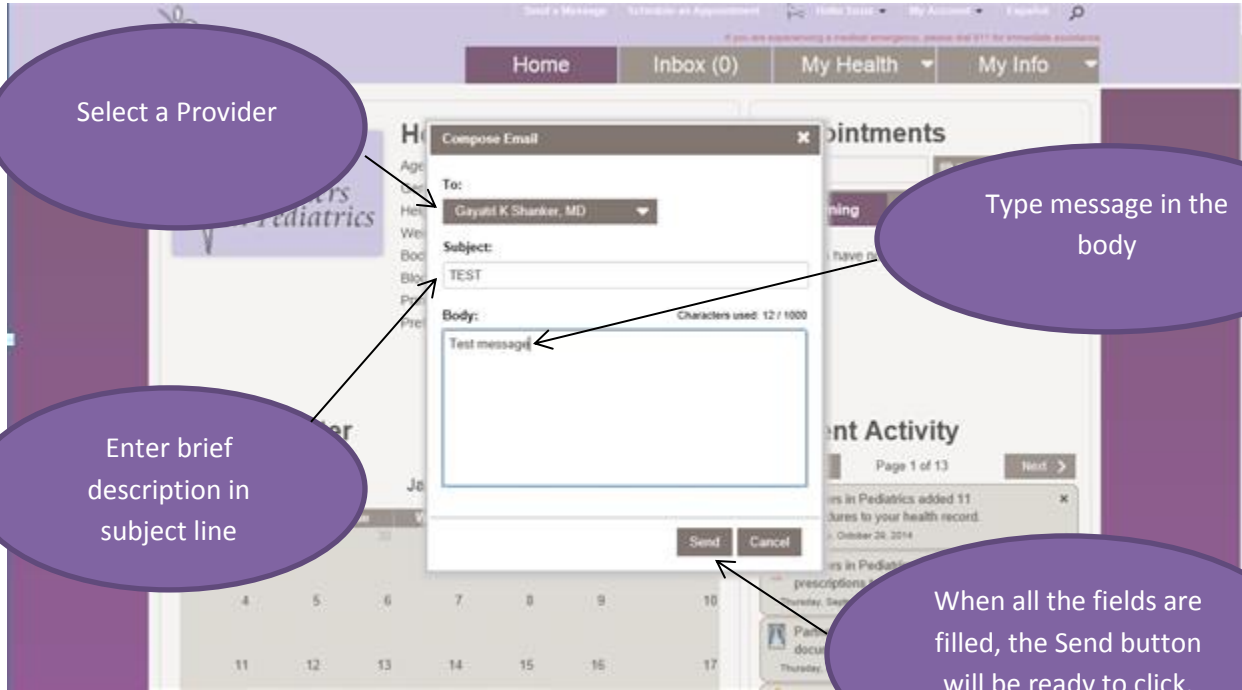


Follow My Health™ Secure Messaging Instructions

NOTE: This feature is not intended for emergencies.





Select a Provider

Type message in the body

Enter brief description in subject line

When all the fields are filled, the Send button will be ready to click.